

# MANAGING JOB LOSS

## WAYS TO COPE



## WITH A JOB LOSS



## Managing Job Loss:

The Managing Job Loss Workshop provides customers with helpful coping skills and suggestions to manage the recent loss of a job. The workshops primary focus will assist customers by providing helpful suggestions on how they can manage a job loss by reaching out to supports, utilizing career exploration, learning new ideas, and ways to increase motivation.

## Information:

**When:** May 7, 2025, from  
1:00 PM - 2:00 PM

**Where:** 587 East Main  
Street, Suite 100 Eastown  
Plaza Batavia, NY 14020

**Call:** **(585) 344-2042** to  
reserve your spot!

**Referrals:** gladly  
accepted!

