

Career Assessment & Exploration



Monday
June 29, 2026
9:00-10:00 AM

Location
Livingston County Gov. Center - Room 100B

Workshop Agenda

- Define a "Career"
- Learn about Free Assessments online
- Understand how to use the assessment results
- Research possible jobs that match your results
- Start to build a Career Plan



To Sign-Up

Stop by: **Our Office** or Call: **243-7047**
or Email: heather.grasso@labor.ny.gov

Walk-ins Welcome!

Brought to you by The **NYS Department of Labor**
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